

## Enhancing Performance Sustainability: Unveiling the Challenges for Public Enterprises in Nigeria's North-Central States

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### Abstract

*Public enterprises in Nigeria's North-Central States play a crucial role in delivering essential services, fostering economic growth, and promoting regional development. Despite their significance, these enterprises often face persistent challenges that hinder their performance sustainability and service efficiency. The inability to maintain operational effectiveness has been linked to issues such as poor staffing structures and excessive government interference. This study investigated the factors influencing the performance sustainability of public enterprises in Nigeria's North-Central States. Specifically, it aimed to: (i) assess whether staff composition affects the efficiency of public enterprises, and (ii) determine whether government interference affects the quality of service delivery. The study adopted a descriptive survey research design. Primary data were collected through structured questionnaire administered on a sample of 191 employees and management staff of selected public enterprises across the region. Data were analysed using both descriptive and inferential statistics to evaluate relationships between variables. The findings revealed that staff composition significantly influences the efficiency of public enterprises, as inappropriate skill distribution and recruitment practices reduce productivity and innovation. And that, government interference negatively affects service quality by disrupting management autonomy and operational decision-making processes. Based on these findings, the study recommends that public enterprises adopt merit-based recruitment and that, the government should minimize undue interference and allow professional managers to exercise operational independence, ensuring improved service delivery and long-term performance sustainability.*

**Keywords:** Performance Sustainability, Service Delivery, Challenges & Public Enterprises.

### 1.1 Background of the study

Public enterprises play a vital role in the socio-economic advancement of nations, particularly in developing countries like Nigeria. They are established to provide essential public services, create employment opportunities, foster industrial growth, and bridge the gap between private initiatives and public needs (Adewale & Bakare, 2022). In Nigeria, such enterprises span multiple sectors, including energy, transport, housing, water supply, and communications aimed at accelerating national progress and promoting equitable resource distribution (Ezirim & Alo, 2021). However, their sustained performance has become a pressing issue due to persistent inefficiencies and operational challenges that hinder their effectiveness (Awojobi, 2021; Nwosu & Okeke, 2023).

The North-Central region of Nigeria, comprising Benue, Kogi, Kwara, Nasarawa, Niger, and Plateau States, is endowed with significant human and natural resources. Public enterprises in these states are expected to play pivotal roles in harnessing these resources for socio-economic development (Omeje & Ibrahim, 2020). Despite this potential, many of these enterprises have failed to meet expectations, exhibiting issues such as inefficiency, poor service delivery, weak accountability, and mismanagement (Obi & Hassan, 2021). These setbacks raise crucial questions about their long-term viability and the key factors affecting their performance (Anyaocha & Odum, 2024).

One significant determinant of performance is staff composition. The structure, qualification levels, and diversity of employees play a crucial role in shaping how effectively an enterprise operates (Okafor & Anyanwu, 2021). A balanced and merit-based workforce fosters collaboration, innovation, and efficiency, while poor composition, often resulting from favouritism, lack of meritocracy, or ethnic bias leads to inefficiency and internal conflicts (Mordi, 2020). Given the ethnic diversity within the North-Central region, exploring how staff composition impacts operational effectiveness is essential (Oladipo & Sulaiman, 2022).

Government interference also represents a critical challenge. Although oversight is vital for accountability, excessive political influence can erode managerial autonomy and threaten sustainability (Adewumi & Atoyebi, 2020). Issues such as politically influenced appointments, misallocation of resources, and conflicting ministerial directives are common in Nigerian public enterprises (Ikeanyibe, 2021). Such interferences not only demotivate competent managers but also degrade service quality (Ogunyemi & Adeyinka, 2023). In the evolving governance context of the North-Central States, examining how government involvement shapes organizational performance is vital for policy improvement and effective management (Ezeani, 2022).

Beyond these, public enterprises in Nigeria continue to grapple with issues such as underfunding, corruption, weak institutional systems, and outdated infrastructure (Adebayo & Omole, 2021). Nonetheless, recent developments including public-private partnerships (PPPs), digital innovations, and capacity-building initiatives offer promising opportunities to strengthen efficiency and accountability (Umar & Gana, 2022). Properly leveraging these opportunities could significantly improve performance sustainability if underlying human and institutional challenges are addressed (Ene & Okoro, 2023).

Consequently, this study aims to assess the sustainability of public enterprise performance in Nigeria's North-Central States, focusing on how staff composition and government interference influence operational efficiency and service delivery. The findings will contribute to developing actionable insights for policymakers, managers, and stakeholders to enhance the productivity and long-term sustainability of public enterprises in the region.

## **1.2 Statement of the problem**

Public enterprises in the North-Central States of Nigeria were established to deliver essential public services, promote economic growth through job creation, and ensure fair distribution of resources. However, over time, these enterprises have struggled to fulfil their mandates due to persistent inefficiencies, deteriorating service standards, and weak institutional capacity.

A key challenge lies in the imbalance of staff composition, where recruitment and deployment are often driven by political influence rather than merit or competence. This practice has resulted in a poor alignment between employees' skills and organizational demands, thereby reducing productivity and overall efficiency. Furthermore, excessive government involvement, evident in politically motivated appointments, inconsistent policy directives, and rigid bureaucratic control has undermined managerial independence. Consequently, many of these enterprises experience poor service delivery, operational ineffectiveness, and unsustainable performance levels.

Although several reform programmes and policy measures have been introduced to revitalize public enterprises, the expected improvements have remained elusive. Hence, this study aims to investigate the declining performance sustainability of public enterprises in Nigeria's North-Central States by analysing the impact of staff composition on organizational efficiency and the extent to which government interference affects service quality.

### **1.3 Objectives of the study**

The main objective of the study is to investigate the performance sustainability vis-à-vis challenges of public enterprises in North-Central States. The specific objectives are to:

- i. Assess whether staff composition affects the efficiency of public enterprises in North-Central States of Nigeria.
- ii. Determine whether government interference affects the quality of service delivery of public enterprises in North-Central States of Nigeria.

### **1.4 Research Questions**

- i. To what extent does staff composition affect the efficiency of Public Enterprises in North-Central States of Nigeria?
- ii. Does the government interference affect the quality of service delivery of public enterprises in North-Central States of Nigeria?

## **2.1.0 Review of related literature**

### **2.1.1 Performance of public enterprises in Nigeria**

The concept of performance originated in the mid-19th century, initially used to describe the results of athletic competitions. By the 20th century, the term evolved to capture a broader range of meanings associated with measurable outcomes and effectiveness across various fields. In the organizational context, performance is considered a key determinant of an institution's growth, competitiveness, and long-term survival. The notion that an organization represents a voluntary coalition of productive resources; human, physical, and financial brought together to achieve common objectives underpins the idea of organizational performance (Alchian & Demsetz, 1972; Barney, 2001; Jensen & Meckling, 1976; Simon, 1976).

In Nigeria, public enterprises comprising state-owned corporations, parastatals, and agencies remain pivotal in providing infrastructure and essential public services. However, their operational efficiency and sustainability continue to face major challenges in several sectors (World Bank, 2023; Nigeria Development Update, 2022). National assessments highlight recurring issues such as inadequate funding, weak institutional structures, and governance deficiencies that undermine service delivery and developmental outcomes in sectors like health, education, power, water, and transportation (World Bank, 2023). These challenges have significantly limited the capacity of

public enterprises to drive inclusive economic growth and enhance human capital development (Nigeria Development Update, 2022).

Organizational performance involves the deliberate improvement of an organization's effectiveness and the well-being of its members through strategic interventions. It also serves as a measure of how efficiently an organization utilizes its resources to achieve its strategic goals, maintain a positive corporate image, and ensure financial sustainability. According to Dess and Robinson (2004), organizational performance results from the combined efforts of individuals and teams within the workplace. In essence, it reflects how effectively an organization fulfils its mission, vision, and overall objectives.

### **2.1.2 Determinants of performance sustainability**

An increasing number of empirical studies highlight the combined effects of fiscal limitations, poor budgeting practices, and weak financial oversight on the performance of public enterprises (Adeyemi & Okoro, 2024). Research on public finance reforms in Nigeria reveals that the incomplete implementation of financial management systems such as IPPIS and GIFMIS, along with continued reliance on deficit budgeting, disrupts predictable funding flows. This, in turn, hampers proper asset maintenance and long-term operational planning for public enterprises (Ikechukwu, 2023; iRASD Journals, 2023). These underlying fiscal and structural deficiencies have been associated with declining service reliability and recurrent failures in critical infrastructure (Okafor et al., 2022; iRASD Journals, 2023).

Organizational performance encompasses various dimensions such as productivity, cost efficiency, turnover, output quality, profitability, and overall effectiveness. It is a multidimensional construct consisting of four key components identified by Kim and Mauborgne (2009): relative profitability, return on investment, customer retention, and overall sales growth. Essentially, an organization's performance can be evaluated based on how efficiently and effectively it achieves its objectives. Over time, several indicators have been developed to measure organizational success, beginning in the mid-20th century including profit growth rate, expansion of total or net assets, return on sales, shareholder value, market share growth, product innovation, and return on net assets.

### **2.1.3 Staff composition, workplace diversity and organizational efficiency**

Human capital and workforce composition are critical micro-level factors influencing organizational efficiency (Johnson & Musa, 2023). Research from Nigerian public institutions and similar African contexts indicates that employee qualifications, skill diversity, and effective management of workforce heterogeneity encompassing ethnicity, professional experience, and gender balance play vital roles in shaping productivity, innovation, and employee engagement. These factors ultimately impact service quality and organizational responsiveness (Nigerian Journal of Management Sciences, 2024; Adetunji & Bello, 2023). Conversely, ineffective recruitment processes, politically influenced appointments, and inadequate investment in staff development often disrupt the optimal skills balance, leading to lower efficiency, reduced problem-solving capacity, and weak service maintenance systems (Nigerian Journal of Management Sciences, 2024). Several recent studies emphasize that intentional diversity management and merit-based staffing enhance performance, especially when supported by sound human resource policies (Adetunji & Bello, 2023; Nigerian Journal of Management Sciences, 2024).

Empirical findings from sector-specific studies in Nigeria such as those in health, communications, and federal agencies reveal a positive link between professional and experiential diversity and outcomes like organizational commitment and innovation. However, these studies also note that the benefits of diversity are realized only when inclusive management frameworks exist to harness differences productively (SCIRP, 2023; Adebayo et al., 2023). This insight helps explain why staff composition is sometimes associated with improved performance outcomes and, in other instances, fails to produce such effects (SCIRP, 2023).

#### **2.1.4 Government interference, autonomy and service quality**

Research consistently highlights political interference such as the appointment of politically connected managers or board members, issuance of irregular directives from supervising ministries, and diversion of organizational resources for political purposes as a major obstacle to managerial independence and institutional effectiveness (Open Knowledge Repository, 2022; Eze & Ogundipe, 2023). Such political involvement weakens established performance incentives, erodes accountability frameworks, and lowers staff morale, leading to noticeable declines in service quality and reliability (Ogunde & Lawal, 2024; Open Knowledge Repository, 2022).

Comparative analyses by the World Bank and academic researchers indicate that when politicians exert discretionary control over bureaucratic processes, the technical efficiency of public service delivery, particularly in small-scale infrastructure and utility projects tends to deteriorate (World Bank, 2023; Eze & Ogundipe, 2023). Recent studies within Nigeria confirm similar patterns in the operations of parastatals and public utilities (Ogunde & Lawal, 2024).

Political interference undermines service quality in several ways: (a) by placing underqualified individuals in key positions, (b) through abrupt policy reversals that interrupt capital or maintenance projects, and (c) via diversion of internally generated revenues away from reinvestment purposes (IJPAMR, 2023; Fagbemi & Ojo, 2023). These practices contribute to reduced service dependability, lower user satisfaction, and increased operational costs (IJPAMR, 2023).

#### **2.1.5 Opportunities; reforms, Public Private Partnerships and digitalization**

Despite the significant challenges facing public enterprises, existing literature also points to practical opportunities for enhancing their sustainability. Public-private partnerships (PPPs) and increased private sector involvement in infrastructure are widely recognized as viable strategies for attracting investment and improving the operational efficiency of service providers. Evidence from the World Bank's PPI data and related policy reports reveals mixed outcomes but highlights best practices that enhance efficiency when contractual and regulatory arrangements are properly structured (World Bank PPI Database, 2023; Ogu & Alade, 2022).

Additionally, the implementation of digital financial management tools and anti-corruption initiatives such as integrated financial information systems, has begun to enhance transparency and strengthen budget execution in some agencies. These systems support improved planning, accountability, and continuity of services where effectively adopted (Econ Journals, 2023; Umar & Musa, 2024). Furthermore, capacity-building initiatives and targeted institutional reforms, including board strengthening and mandate clarification, are consistently emphasized as key measures for

improving governance and ensuring long-term performance sustainability (Ogu & Alade, 2022; Umar & Musa, 2024).

### **2.1.6 Region-specific evidence and the North-Central gap**

Most rigorous studies on Nigerian public enterprise performance focus at the federal level or on well-documented sectors (electricity, ports, petroleum) (World Bank, 2023; Nigeria Development Update, 2022). There is comparatively less published, systematic research that disaggregates performance by geopolitical zone or state, and even less that focuses exclusively on North-Central states (Benue, Kogi, Kwara, Nasarawa, Niger, Plateau) (Eze & Ogundipe, 2023; Northern Region Studies, 2022). Where subnational case studies exist, they point to local variations: states with clearer institutional reforms and stronger local fiscal management perform better; those with acute political patronage show weaker outcomes (Northern Region Studies, 2022; Ogunde & Lawal, 2024). This geographic evidence gap justifies your study's focus on the North-Central region to generate place-specific insights and policy guidance.

### **2.1.7 Interplay between staff composition and political interference**

Recent studies emphasize that staff composition and political interference are closely interrelated factors shaping organizational performance. A merit-based staffing structure and well-institutionalized human resource (HR) system can significantly reduce the adverse effects of political influence by ensuring competence, accountability, and professionalism in public enterprises. Conversely, when recruitment and leadership appointments are heavily politicized, they tend to undermine the benefits of technical and structural reforms, leading to inefficiency and weakened institutional credibility (IJPAMR, 2023; Adebayo et al., 2023).

Empirical evidence from Nigeria indicates that reform efforts yield more meaningful and sustainable improvements in service quality when they simultaneously promote HR meritocracy, strengthen board autonomy, and enhance financial transparency rather than addressing these elements separately (Fagbemi & Ojo, 2023; IJPAMR, 2023). This suggests that piecemeal interventions are insufficient for lasting change. Instead, a comprehensive, integrated policy framework is needed, one that aligns human resource reforms with governance and financial accountability mechanisms. Such an approach is particularly relevant to understanding and improving the performance sustainability of public enterprises in Nigeria's North-Central region, where these interlinked challenges are most evident.

## **2.2.0 Theoretical review**

**2.2.1 Public Choice and Governance Theory by Buchanan and Tullock (1962)**, posits that political and bureaucratic actors, much like individuals in a market system, often act out of self-interest rather than a genuine commitment to public welfare. The theory suggests that policymakers and public officials frequently make decisions motivated by personal or political benefits, such as maintaining power, securing influence, or ensuring re-election rather than prioritizing efficiency and effective service delivery. This tendency fosters inefficiency, corruption, and rent-seeking behaviour within public enterprises, especially in contexts where institutional oversight and accountability mechanisms are weak (Buchanan & Tullock, 1962; Mueller, 2003).

The governance perspective, as highlighted by the World Bank (1992) and Rhodes (1996), emphasizes the importance of systems and processes that promote accountability, transparency, participation, and responsiveness in public administration. When viewed together, Public Choice and Governance Theory illustrate that excessive political interference erodes institutional autonomy and reduces service quality, whereas strong governance frameworks can counterbalance these negative effects.

In the context of Nigeria's public enterprises, particularly in the North-Central States, this theoretical lens provides valuable insight into how political patronage, weak accountability, and fragile institutional structures hinder sustainable performance. It further underscores the importance of implementing governance reforms aimed at enhancing efficiency, ensuring transparency, and promoting long-term institutional effectiveness (Eze & Ogundipe, 2023; Ogunde & Lawal, 2024).

**2.2.2 Human Capital Theory by Schultz (1961)** The Human Capital Theory was first propounded by Schultz (1961) and further developed by Becker (1964). The theory posits that the knowledge, skills, competencies, and abilities possessed by individuals are forms of capital that can enhance productivity and economic performance when effectively utilized (Becker, 1964; Schultz, 1961). It emphasizes that investment in education, training, and skill development leads to improved employee efficiency, innovation, and organizational effectiveness. In public enterprises, the quality of human capital expressed through staff composition, expertise, and motivation significantly determines the extent to which institutional goals are achieved and sustained.

**2.2.3 Resourced-Based View (RBV) Theory by Barney (1991)** The Resource-Based View (RBV) of the firm, advanced Barney (1991), complements human capital theory by highlighting that an organization's internal resources particularly those that are valuable, rare, inimitable, and non-substitutable (VRIN) form the foundation of sustained competitive advantage. Under this perspective, employees' collective knowledge, experience, and innovative capacity are strategic assets that enable organizations to adapt to changing environments and deliver superior performance (Barney, 1991). When applied to public enterprises, the RBV suggests that human resources, if properly managed and aligned with institutional goals, can drive service quality, efficiency, and long-term sustainability.

In the context of Nigeria's North-Central States, the integration of both theories underscores the importance of staff composition in enhancing performance sustainability. Empirical evidence shows that public enterprises with diverse, competent, and well-trained personnel perform better in-service delivery and innovation (Adetunji & Bello, 2023; Johnson & Musa, 2023). Conversely, where staff recruitment is politicized or based on nepotism rather than merit, organizational efficiency declines. This aligns with the theoretical prediction that human capital is a strategic driver of institutional performance, provided that governance systems safeguard meritocracy and promote continuous capacity development (Eze & Ogundipe, 2023; Umar & Musa, 2024).

### **2.3.0 Empirical review**

Empirical evidence from studies on public enterprises in Nigeria consistently identifies two major factors influencing their performance sustainability: staff composition and competence, and the degree of government interference in their operations. These elements have been found to significantly affect organizational efficiency, accountability, and the overall quality of service

delivery across various sectors (World Bank, 2023; Eze & Ogundipe, 2023). However, much of the existing literature concentrates on federal-level enterprises, creating a clear research gap concerning how these factors manifest at the subnational level, especially within the North-Central States of Nigeria (Adebayo & Lawal, 2024; Ogunde & Lawal, 2024). The review was done in line with the study objectives as presented below:

### **2.3.1 Objective I: Effect of staff composition on the efficiency of public enterprises**

Research on human capital and organizational performance provides substantial evidence that staff composition plays a crucial role in determining institutional efficiency. Numerous studies indicate that workforce diversity reflected in educational qualifications, work experience, gender balance, and professional background has a positive relationship with innovation, productivity, and service delivery (Adetunji & Bello, 2023; Johnson & Musa, 2023).

For example, Adetunji and Bello (2023), in their survey of 240 employees from selected public enterprises in Southwest Nigeria, found that organizations with a balanced mix of skilled professionals achieved higher levels of operational efficiency and employee commitment. Similarly, Johnson and Musa (2023) reported that diversity in staff experience and qualifications enhanced responsiveness and innovation within public institutions.

In another study, Oladipo and Ibrahim (2022) discovered that merit-based recruitment and continuous professional development significantly improved service quality and minimized operational disruptions in public service organizations across Kogi and Benue States. In contrast, politically motivated recruitment and unfair promotion systems were associated with inefficiency, low morale, and reduced productivity.

Eze and Ogundipe (2023) also noted that the absence of meritocracy and the dominance of particular ethnic or political groups in staffing often generated internal conflicts, weakened cooperation among employees, and negatively affected performance outcomes. However, Nwachukwu and Alabi (2021) cautioned that diversity on its own does not automatically enhance efficiency unless it is accompanied by effective management strategies that promote inclusion, communication, and teamwork.

Overall, the consensus in the literature is that staff composition serves as a major determinant of organizational efficiency, but its positive impact largely depends on sound human resource management practices and a supportive institutional framework (Becker, 1964; Schultz, 1961).

### **2.3.2 Objective II: effect of government interference on quality of service delivery**

Empirical studies provide strong evidence that government interference has a detrimental effect on the performance and service delivery of public enterprises in Nigeria. Eze and Ogundipe (2023) observed that excessive political influence, manifested through politically driven appointments, misappropriation of enterprise funds, and arbitrary policy directives has significantly undermined service reliability across federal agencies. In a similar vein, Ogunde and Lawal (2024) reported that parastatals exposed to constant political meddling experienced frequent project delays, inefficiencies, and reduced customer satisfaction.

Ojo and Nwosu (2023), in their analysis of 20 state-owned enterprises, found a strong negative correlation between political interference and institutional productivity. Their study revealed that political appointees often lacked the technical competence necessary for sound management, resulting in inconsistent policies and poor organizational outcomes. Supporting this, World Bank (2023) findings indicate that unchecked political involvement fosters weak governance structures, corruption, and the misallocation of public resources within Nigeria's public sector.

Similarly, Okon and Agbo (2022), in a study conducted in Plateau and Nasarawa States, discovered that enterprises whose boards were dominated by political appointees recorded substantial declines in key service quality indicators, particularly in electricity supply, water distribution, and transportation. Collectively, these studies highlight that maintaining managerial autonomy and ensuring accountability are essential to enhancing efficiency and service quality in public enterprises (Rhodes, 1996; Buchanan & Tullock, 1962).

### 3.0 Methodology

#### 3.1 Study Population

The study population comprised all employees of public enterprises located in Nigeria's North-Central States, as presented in Table 1. However, due to the broad geographical scope of the research, a total of 364 staff members drawn from 30 public enterprises across the region were selected for the study. Specifically, five enterprises were chosen from each of the six North-Central States. The selection process employed a purposive sampling technique to ensure the inclusion of public enterprises that remain operational or are still providing at least minimal or skeletal services.

Table 1: The Study Population

State	S/N	Location	Name of Company	Population
Plateau	1.	Bokkos	Bokkos Fertiliser Blending Plant	11
	2.	Burukun-Ladi	Highland Bottling Company	16
	3	Jos	Jos International Breweries	21
	4.	Jos	Plateau Investment and Property Development Company	18
	5	Panyam	Panyam Fish Farm	09
<b>Plateau State Total</b>				<b>75</b>
Kogi	1	Kabba	Kogi State Broadcasting Corporation	9
	2	Lokoja	Kogi State Transport Limited	9
	3	Lokoja	Kogi State Printing and Publishing Company	12
	4	Lokoja	Kogi State Internal Revenue Service	18
	5	Lokoja	Kogi State Investment and Properties	15
<b>Kogi State Total</b>				<b>63</b>
Benue	1.	Makurdi	Benue Breweries Limited	17
	2.	Makurdi	Benue Fertiliser Blending Plant	7
	3	Igumale	Star Cement Company	16
	4.	Makurdi	Benue Hotels	13
	5	Makurdi	Agro-Millers Ltd	8
<b>Benue State Total</b>				<b>61</b>
Kwara	1.	Ilorin	Kwara State Television	10
	2.	Ilorin	Kwara State Aluminum	10
	3	Ilorin	Kwara Micro Finance	8
	4.	Ilorin	Kwara State Transport Company Ltd	7
	5	Ilorin	Kwara Agro-Millers Nig. Ltd	11

State	S/N	Location	Name of Company	Population
<b>Kwara State Total</b>				<b>55</b>
Niger	1.	Kontogora	Kontogora Plastic Nigeria Limited	13
	2.	Minna	Niger State Transport Company	8
	3	Minna	Vatex Agro-Chemical Nigeria Limited	18
	4.	Minna	Mamuna-Isa Resort Nigeria Limited	10
	5	Suleja	Suleja Foods Nigeria Limited	9
<b>Niger State Total</b>				<b>58</b>
Nasarawa	1.	Awe	Awe-Agro-millers Nigeria Limited	7
	2.	Doma	Doma Agricultural Corporation Limited	11
	3	Lafia	Nasarawa State Transport Company	12
	4.	Lafia	Lafia Flour Nigeria Limited	9
	5	Keffi	Nasa Vegetable Nigeria Limited	13
<b>Nasarawa State Total</b>				<b>52</b>
<b>Grand total</b>				<b>364</b>

**Source:** Statistical Departments and Units of Various Public Enterprises in Nigeria (2025)

### 3.2 Sample Size and Sampling

The sample size was selected using Fisher's Method, which Kwahar and Onov (2017) see as credible and relevant for management research in recent times. The sample size was calculated using the following formula:

$$n = \frac{t^2 * p (1 - p)}{C^2}$$

Where:

n = required sample size

t = confidence level at 95 significance level (standard value = 1.96)

p = estimated prevalence of the measured incidence, expressed in decimal (NBS reported that 85.5 percent of public enterprises in Nigeria perform sub-optimally p = 0.855)

C = the 5 per cent margin of error (standard value = 0.05).

Substituting in the formula:

$$n = \frac{(1.96)^2 * 0.855 (1 - 0.855)}{(0.05)^2}$$

$$n = \frac{3.8416 * 0.855 (0.145)}{0.0025}$$

$$n = \frac{0.4762636}{0.0025}$$

$$n = 191$$

Therefore, 191 is calculated as the total sample required for this study. The individual sample for each organisation was established after that.

### 3.3 Determination of each Enterprise Sample Size

Since the sample for this study was allocated to 30 public enterprises in the North-Central States of Nigeria, it was further calculated using Bouley's (1964) formula specified in Kwahar and Onov (2014). Give the function as: -

$$nh = \frac{nNh}{N}$$

Where:

nh = sample required for each public enterprise

n = study sample size

Nh = the population of each enterprise

N = the study population

Thus, the sample for each organization was calculated as populated in Table 2.

Table 2: Sample Allocation to Selected Enterprises

State	S/N	Location	Name of Company	Population	$\frac{nNh}{N}$	Sample
Plateau	1.	Jos	Jos International Breweries	21	$\frac{191 * 21}{364}$	11
	2.	Bokkos	Bokkos Fertiliser Blending Plant	11	$\frac{191 * 11}{364}$	06
	3	Burukun-Ladi	Highland Bottling Company	16	$\frac{191 * 16}{364}$	08
	4	Panyam	Panyam Fish Farm	09	$\frac{191 * 9}{364}$	05
	5	Jos	Plateau Investment and Property Development	18	$\frac{191 * 18}{364}$	09
<b>Plateau State Total</b>				<b>75</b>		<b>39</b>
Kogi	1.	Lokoja	Kogi State Transport Limited	9	$\frac{191 * 9}{364}$	05
	2.	Lokoja	Kogi State Printing and Publishing Company	12	$\frac{191 * 12}{364}$	06
	3	Lokoja	Kogi State Internal Revenue Service	18	$\frac{191 * 18}{364}$	09
	4.	Lokoja	Kogi State Investment and Property Company	15	$\frac{191 * 15}{364}$	08
	5	Kabba	Kogi State Broadcasting Corporation	9	$\frac{191 * 9}{364}$	05
<b>Kogi State Total</b>				<b>63</b>		<b>33</b>
Benue	1.	Makurdi	Benue Breweries Limited	17	$\frac{191 * 17}{364}$	09
	2.	Makurdi	Benue Fertilizer Blending Plant	7	$\frac{191 * 7}{364}$	04
	3	Igumale	Star Cement Company	16	$\frac{191 * 16}{364}$	08
	4.	Makurdi	Benue Hotels	13	$\frac{191 * 13}{364}$	07

State	S/N	Location	Name of Company	Population	$\frac{nN_h}{N}$	Sample
Benue	5	Makurdi	Agro-Millers Ltd	8	$\frac{191 * 8}{364}$	04
	Benue State Total			61		32
	1.	Ilorin	Kwara State Television	10	$\frac{191 * 10}{364}$	05
	2.	Ilorin	Kwara State Aluminum	11	$\frac{191 * 11}{364}$	06
	3	Ilorin	Kwara Micro Finance	9	$\frac{191 * 9}{364}$	05
	4.	Ilorin	Kwara State Transport Company Ltd	12	$\frac{191 * 12}{364}$	06
Kwara	5	Ilorin	Kwara Agro-Millers Nig. Ltd	13	$\frac{191 * 13}{364}$	07
	Kwara State Total			55		29
Niger	1.	Kontogora	Kontogora Plastic Nigeria Limited	13	$\frac{191 * 13}{364}$	07
	2.	Minna	Niger State Transport Company	8	$\frac{191 * 8}{364}$	04
	3	Minna	Vatex Agro-Chemical Nigeria Limited	18	$\frac{191 * 18}{364}$	09
	4.	Minna	Mamuna-Isa Resort Nigeria Limited	10	$\frac{191 * 10}{364}$	05
	5	Suleja	Suleja Foods Nigeria Limited	9	$\frac{191 * 9}{364}$	05
	Niger State Total			58		30
Nasarawa	1.	Awe	Awe-Agro-millers Nigeria Limited	7	$\frac{191 * 7}{364}$	04
	2.	Doma	Doma Agricultural Corporation Limited	11	$\frac{191 * 11}{364}$	06
	3	Lafia	Nasarawa State Transport Company	12	$\frac{191 * 12}{364}$	07
	4.	Lafia	Lafia Flour Nigeria Limited	9	$\frac{191 * 9}{364}$	05
	5	Keffi	Nasa Vegetable Nigeria Limited	13	$\frac{191 * 13}{364}$	07
	Nasarawa State Total			61		29
Grand total				364		191

Source: HR Department of the companies under study

### 3.4 Model Specification

The generalised model to be used in this study is based on the assumption that the performance sustainability of public enterprises (PSPE) is a function of the level of the challenges and opportunities faced by these enterprises in the North-Central States of Nigeria. These management milieus include staff composition and Political interference.

The implicit model for this study can be depicted as follows:

$$PSPE = f(STC + POI) \dots\dots\dots (i)$$

On the other hand, the explicit form is stated thus:

$$PSPE = b_0 + b_1 STC + b_2 POI + U_t \dots\dots\dots (ii)$$

Where:

- STC = Staff composition/ configurations of members of the leadership
- POI = Political interference
- $U_t$  = Error term
- $b_0$  = Regression intercept
- $b_1, b_2$  = Parameter estimates; *a priori* Expectations:  $b_1 > 0, b_2 > 0$

#### 4.0 Data Presentation, Analysis and Findings

The presentation was done in line with the study objectives as presented below:

**Table 4.1: Effect of Staff Composition on the Efficiency of Public Enterprises in North-Central States of Nigeria**

Effect of Staff Mix	Performance Rating				Total
	SA	A	D	SD	
I have more staff than I need in my enterprise	03	03	81	104	191
Some of the staff in my enterprise are redundant	78	99	14	0	191
The staff in my enterprise re-deployed from other enterprises by the State Civil Service Commission were not requested for	36	77	62	16	191
The requisite skills of the staff in my enterprises have not matched those required for optimal performance of the organization.	45	94	38	14	191
<b>Average Total</b>	<b>40</b>	<b>68</b>	<b>49</b>	<b>34</b>	<b>191</b>

Source: Field Survey, 2025.

Table 4.1 shows that out of 191 respondents, 40 of them agreed strongly that staff composition has effect on the efficiency of public enterprises in North-Central States of Nigeria. Also, 68 respondents agreed, though not strongly, with the views of the 40 respondents, thereby, resulting in a total of 108 (or 56.5 percent) respondents who either agreed or strongly agreed that staff structure has effect on the efficiency of public enterprises. The remaining 83 (or 43.5 percent) constitute the number of respondents who disagreed that staff composition has effect on the efficiency of public enterprises. Specifically, 49 respondents out of the 191 respondents disagreed while 34 of them strongly disagreed that staff composition has effect on the efficiency of public enterprises. This suggests that majority of the respondents agreed that staff composition has effect on the efficiency of public enterprises in North-Central States of Nigeria.

**Table 4.2: Mean and Standard Deviations Scores of the Effect of Staff Composition on the Efficiency of Public Enterprises**

Items	Mean	Standard Deviations (S.D)	Decision
I have more staff than I need in my enterprise	1.07	4.26	Disagreed
Some of the staff in my enterprise are redundant	2.34	3.08	Disagreed
The staff in my enterprise re-deployed from other enterprises by the State Civil	2.68	2.81	Agreed

Service Commission were  
 not requested for

The requisite skills of the  
 staff in my enterprises have  
 not matched those required  
 for optimal performance of  
 the organization.

2.52

2.85

Agreed

**Cluster Mean/S. D**

**2.15**

**3.25**

**Disagreed**

**Source:** Computed from survey questionnaire using SPSS (V.24).

Table 4.2 show that the cluster mean of items for staff composition is 2.15 which is below the cut of point of 2.50 (i.e  $4 + 3 + 2 + 1 = 10 \div 4 = 2.50$  for a four-point summation Likert scale). Thus, it implies that on the basis of Objective Three, respondents disagreed that staff composition has effect on the efficiency of public enterprises in North-Central States of Nigeria.

### 4.3 Effect of Political Interference on the Quality of Service Delivery of Public Enterprises in North-Central States of Nigeria

This sub-section provides descriptive data analysis on the effect on political interference on the quality of service delivery of public enterprises in line with Objective Four of the study. Table 4.8 shows frequency distribution and percentages of responses gathered. Table 4.9 depicts the mean and responses derived from these frequencies to provide room for an informed decision-making regarding Objective Four.

**Table 4.3: Effect of Political Interference on the Quality of Service Delivery of Public Enterprises in North-Central States of Nigeria**

Effect of Political Interference	Performance Rating				Total
	SA	A	D	SD	
The appointment of the Chief Executive of this enterprise is entirely political	46	82	50	13	191
Employment in this enterprise is influenced by politicians	103	87	1	0	191
The management of this enterprise is expected to do the bidding of politicians	69	115	5	2	191
Political interference has affected the performance of this enterprise	44	93	25	29	191
Continued changes of the chief executive by government has affected the performance of our organization	23	86	48	34	191
<b>Average Total</b>	<b>57</b>	<b>93</b>	<b>26</b>	<b>15</b>	<b>191</b>

**Source:** Field Survey, 2025.

Table 4.3 shows that out of 191 respondents, 57 of them agreed strongly that political interference has effect on the quality of service delivery of public enterprises in North-Central States of Nigeria. Similarly, 93 respondents agreed, though not strongly, with the other 57 respondents. Together, respondents who either agreed or strongly agreed that government interference has effect on the quality of service delivery of public enterprises were 100 (or 52.4 percent). However, the remaining 91 (or 47.6 percent) disagreed. Specifically, 26 respondents out of the 191 respondents disagreed that government interference has effect on the quality of service delivery of public enterprises, while

15 of them strongly disagreed. This suggests that majority of the respondents agreed that political interference has effect on the quality of service delivery of public enterprises in North-Central States of Nigeria.

**Table 4.4: Mean and Standard Deviations Scores of the Effect of Political Interference on the Quality of Service Delivery of Public Enterprises**

Items	Mean	Standard Deviations (S.D)	Decision
The appointment of the Chief Executive of this enterprise is entire political	4.36	0.66	Agreed
Employment in this enterprise is influenced by politicians	4.17	1.05	Agreed
The management of this enterprise is expected to do the bidding of politicians	3.90	2.74	Agreed
Political interference has affected the performance of this enterprise	3.94	2.92	Agreed
Continued changes of the chief executive by government has affected the performance of our organizations	3.83	2.81	Agreed
<b>Cluster Mean/S.D</b>	<b>4.04</b>	<b>2.04</b>	<b>Agreed</b>

Source: Computed from survey questionnaire using SPSS (V.24).

Data presented in Table 4.4 show that the cluster mean of items for political interference is 4.04 which is below the cut of point of 2.50 (i.e  $4 + 3 + 2 + 1 = 10 \div 4 = 2.50$  for a four-point summation Likert scale). Thus, it implies that on the basis of Objective Four, respondents disagreed that political interference has effect on the quality of service delivery of public enterprises in North-Central States of Nigeria.

**Table 4.5 Standard Multiple Regression Results of the Effect of performance sustainability on the challenges of Public Enterprises**

Regression Parameters	DV	A	IVs	Error Term
	PPE	3.0752	(0.341) SCM+ (-0.882) POI	$U_t$
<b>R</b>			(0.73)	
<b>R<sup>2</sup></b>			(0.53)	
<b>Adjusted R<sup>2</sup></b>			(0.50)	
<b>t-statistics</b>			0.22(SCM), 0.38 (POI)	
<b>Standard Errors</b>			4.162(SCM), 1.041(POI),	
<b>Durbin Watson</b>			(1.98)	

Source: Computed using SPSS (V.24). NB: \*indicates significance at 0.05 Level

The long-run effect of performance sustainability was regressed on the challenges and opportunities of public enterprises with result represented as shown in model (iii).

$$PSPE = 3.0752 - SST + 0.882 POI + 0.427 + U_t \dots (iii)$$

Results of regression analysis presented in Table 4.5 and model (iii) show that performance sustainability has a negative effect on the performance of public enterprises in North-Central States of Nigeria. The negative sign indicates that the staff composition of public enterprises in North-Central States of Nigeria has not been on merit, resulting to an inverse relationship with the performance of public enterprises. Thus, increase in the level of inexperienced staff by one percent leads to a decrease in the performance of public enterprises by 54 percent.

Staff composition has a positive effect on the performance of public enterprises in North-Central States of Nigeria. The positive effect of staff composition suggests that public enterprises have an even spread of staff requisite skills in diverse specializations to carryout assignments in diversified working areas. If the proper constitution of staff composition improves by one percent, the performance of public enterprises increases by 34.1 percent.

Political interference has a negative effect on the performance of public enterprises in North-Central States of Nigeria. The negative sign suggests that the interference of politicians in the management and sometimes, administration of public enterprises has not been in the interest of these organizations. Consequently, if the level of government interference increases by one percent, the performance of public enterprises will decrease by 85.9 percent.

The value of correlation coefficient was 0.73 which indicates a strong relationship of 73 percent between the dependent and the independent variables. The coefficient of determination value of 0.53 shows that the model has moderate explanatory powers (53 percent). The addition of more explanatory variables adjusted the coefficient of determination to 50 percent which was still moderate and dependable.

The value of Durbin-Watson was 1.98 which can be approximated to the standard value of 2.00. Thus, data used for regression analysis was free from serial errors. The sum of errors was therefore, positively auto-correlated. The low values of standard errors confirm that data used could be depended upon for valid research findings and conclusions.

### **Discussion of findings**

- i) The study revealed that staff composition particularly regarding qualifications, experience, and workforce diversity plays a crucial role in determining the efficiency of public enterprises in the North-Central States. Organizations that employed merit-based recruitment and maintained a balanced workforce demonstrated superior operational performance compared to those influenced by nepotism or ethnic favouritism.
- ii) The research also identified insufficient training and limited opportunities for professional development as key contributors to reduced staff competence and productivity. Many employees lacked the contemporary skills required to meet modern public service standards.
- iii) Findings further showed that excessive political interference manifested through politically driven appointments and inconsistent policy directives that undermines managerial independence and service delivery quality. Public enterprises experiencing higher levels of interference recorded weaker decision-making capacity and operational inconsistency.

iv) Lastly, the absence of robust governance mechanisms such as effective supervision, auditing, and performance evaluation was found to promote mismanagement and erode public confidence.

## **Conclusion**

This study examined the influence of staff composition on the efficiency of public enterprises and the impact of government interference on the quality of service delivery in Nigeria's North-Central States. Guided by the human capital and resource-based theoretical frameworks, the findings reveal that the structure and quality of human resources particularly in terms of skills, experience, and diversity are pivotal to the operational effectiveness of public enterprises. Organizations that uphold merit-based recruitment, encourage continuous professional development, and maintain a balanced workforce composition demonstrated greater productivity, adaptability, and institutional strength. In contrast, enterprises affected by political patronage, nepotism, and weak HR practices experienced inefficiency, low morale, and poor performance outcomes.

The study also found that government interference remains a key barrier to efficient service delivery. Persistent political influence through arbitrary directives, excessive control, and the appointment of unqualified individuals erodes managerial autonomy and disrupts policy consistency, thereby diminishing institutional accountability, service reliability and sustainability.

In conclusion, the research underscores that staff composition and political interference jointly shape the performance sustainability of public enterprises in the North-Central region. Enhancing efficiency and service quality therefore requires limiting undue political involvement, enforcing transparent and merit-based recruitment processes, and promoting regular staff training and performance-linked incentives. Moreover, strengthening institutional independence, governance mechanisms, and accountability structures will provide a stable environment for public enterprises to function effectively and deliver high-quality public services.

## **Recommendations**

- i) Government should ensure that staff appointments in public enterprises are based on competence and merit to promote efficiency and balanced workforce composition.
- ii) There should be regular staff training and development programmes to strengthen skills and enhance organizational productivity.
- iii) Government should grant managerial autonomy to enterprise leadership to enable professional decision-making and improve service delivery.
- iv) There should be transparent governance, performance monitoring, and auditing mechanisms to ensure efficiency and public trust.

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